

# Sr Surentia Snÿman

B.Cur(Hons)(Stell) • Dip Critical Care(UK)

Founder

Contact us:

063 651 6540 info@1stathome.co.za Practice Number: 8827486

21 New St, Durbanville, Cape Town, 7550

 $\bigcirc$ 

www.1stathome.co.za

Exceptional Care... Right at Home.



Exceptional Care... Right at Home.



1stathome.co.za

#### **Our Story**

I am Surentia Snyman, specialist international ICU Nurse with over 30 years' experience and founder of **1st AT HOME CARE**.

Faced with a challenge where a close family member was in need of 24-hour nursing care and support, I saw the opportunity to provide exceptional care, at home. This is where the foundation was laid for **1st AT HOME CARE**.

As a specialist ICU nurse, I found that any need a patient might have can actually be taken care of at home, from basic needs right through to intensive care.

Since then I have dedicated my life to continuously develop **1st AT HOME CARE**'s support services to where it is today...

Providing Exceptional Care, Right at Home.

### **Staff & Carers**

- Are ALL handpicked and specifically trained to deliver each patient's care package.
- Are ALL continuously supported and supervised by a nursing professional.

## How does it work?

Our aim is to provide the family with peace of mind and the opportunity to be the patient's family again as all aspects of care are taken care of.

You contact us to tell us about your need for home care.



We schedule a complimentary at home consultation.



A professional nurse develops a plan of care specific to the patient's and their family's needs.



We continuously monitor and manage the care throughout as a dynamic process.



#### Exceptional Care... Right at Home.

# What we can offer you

- Hourly / Overnight / 24-hour Live-In Care and Support
- Specialist Nursing Care & Procedures
- Home Oxygen & Home Ventilation
- Post Hospitalisation Care & Rehabilitation
- Post-operative Care
- Weekly home visits and assessments by a registered nurse
- Palliative Care
- Alzheimer's & Dementia Care
- 24 hour Helpline & Support for patients and caregivers
- Respite (Relief) Care for primary caregivers
- Co-ordination of & Communication to all the medical professionals involved

We use innovative technology and international recognised care standards to optimise every aspect of our tailor made and personalised home care packages.

